

PARASHAT –WEEKLY TORAH READINGS (ONE YEAR)

The five books of the Old Testament (Torah) are divided into 54 weekly portions which are read, one each Sabbath, throughout the year. Only the last portion, Ve-Zot-ha-Berakhah, is not read on the Sabbath but on Simchat Torah. The new cycle begins on the Sabbath after Simchat Torah. Each weekly portion has an accompanying reading from one of the Prophets (haftorah). These are listed below:

Aish.com Parashat
[Weekly Torah Readings](#)

HEBREW NAME	DEFINITION	TORAH PORTION	HAFTORAH PORTION	Recommended prophetic reading:
GENESIS - BERESHITH "IN THE BEGINNING"				
1. Bereshit	In the beginning	Gen. 1:1-6:8	Isa. 42:5-43:10, (45:5-21*)	Mayanot
2. Noach	Noah	Gen. 6:9-11:32	Isa. 54:1-55:5, (4:1-10*)	
3. Lekh Lekha	Get Thee	Gen. 12:1-17:27	Isa. 40:27-41:16	
4. VaYera	And appeared	Gen. 18:1-22:24	II Kings 4:1-37, (4:1-23*)	
5. Chayay	Sarah Life of Sarah	Gen. 23:1-25:18	I Kings 1:1-31	
6. Toledoth	Generations	Gen. 25:19-28:9	Mal. 1:1-2:7	
7. Vayetze	He went out	Gen. 28:10-32:3	Hosea 12:13-14:10, 11:7- 12:12*)	
8. VaYishlach	And he sent	Gen. 32:4-36:43	Oba. 1:1-21	
9. VaYeshev	And he dwelt	Gen. 37:1-40:23	Amos 2:6-3:8	
10. MiKetz	At the end	Gen. 41:1-44:17	I Kings 3:15-4:1	
11. VaYigash	And come near	Gen. 44:18-47:27	Ezek. 37:15-28	
12. Va Yechi	And he lived	Gen. 47:28-50:26	I Kings 2:1-12	
EXODUS - SHEMOTH "NAMES"				
13. Shemoth	Names	Ex. 1:1-6:1	Isa. 27:6-28:13, 29:22-23 (Jer. 1:1-2:3*)	
14. VaErah	And I appeared	Ex. 6:2-9:35	Ezek. 28:25-29:21	
15. Bo	Go	Ex. 10:1-13:16	Jer. 46:13-28	
16. BeShalach	When he sent	Ex. 13:17-17:16	Judges 4:4-5:31 (Judges 5:1-31*)	
17. Yithro	Jethro	Ex. 18:1-20:23	Isa. 6:1-7: 6, 9:5-6 (Isa. 6:1-13*)	
18. Mishpatim	Ordinances	Ex. 21:1-24:18	Jer. 34:8-22, 33:25:26	
19. Terumah	Heave offering	Ex. 25:1-27:19	I Kings 5:26-6:13	
20. Tezaveh	You shall command	Ex. 27:20 -30:10	Ezek. 43:10-27	
21. Ki Thisa	When you take	Ex. 30:11-34:35	I Kings 18:1-39 (18:20-39*)	
22. VaYakhel	And assembled	Ex. 35:1-38:20	I Kings 7:40-50 (7:13-26*)	
23. Pikudei	Accounts	Ex. 38:21-40:38	I Kings 7:51-8:21 (7:40-50*)	
LEVITICUS - VA YIKRA "AND HE CALLED"				
24. VaYikra	And He called	Lev. 1:1-5:26	Isa. 43:21-44:23	
25. Zzav	Command	Lev. 6:1-8:36	Jer. 7:21-8:3, 9:22-23	
26. Shemini	Eighth	Lev. 9:1-11:47	II Sam. 6:1-7:17 (6:1-9*)	
27. Tazria	Conceived	Lev. 12:1-13:59	II Kings 4:42-5:19	
28. Metzorah	Leper	Lev. 14:1-15:33	II Kings 7:3-20	
29. Achrey	Moth After the death	Lev. 16:1-18:30	Ezek. 22:1-19 (22:1-16*)	
30. Kedoshim	Holy	Lev. 19:1-20:27	Amos 9:7-15 (Ezek. 20:2-20*)	
31. Emor	Say	Lev. 21:1-24:23	Ezek. 44:15-31	
32. BeHar	On Mount Sinai	Lev. 25:1-26:2	Jer. 32:6-27	
33. BeChuko-thai	In My Statutes	Lev. 26:3-27:34	Jer. 16:19-17:14	
NUMBERS - BE MIDBAR " IN THE WILDERNESS"				
34. BeMidbar	In the wilderness	Num. 1:1-4:20	Hosea 2:1-22	
35. Naso	Take	Num. 4:21-7:89	Judges 13:2-25	
36. Be-Ha'alotekha	When you set up	Num. 8:1-12:16	Zech. 2:14-4:7	
37. Sh'lach	Send thou	Num. 13:1-15:41	Josh. 2:1-24	
38. Korach	Korah	Num. 16:1-18:32	I Sam. 11:14-12:22	
39. Chkath	Statute	Num. 19:1-22:1	Judges 11:1-33	
40. Balak	Balak	Num. 22:2-25:9	Micah 5:6-6:8	
41. Pinchas	Phinehas	Num. 25:10-30:1	I Kings 18:46-19:21	
42. Mattoth	Tribes	Num. 30:2-32:42	Jer. 1:1-2:3	
43. Massey	Stages	Num. 33:1-36:13	Jer. 2:4-28; 3:4; 4:1-2	
DEUTERONOMY - DEVARIM "WORDS"				
44. Devarim	Words	Deut. 1:1-3:22	Isa. 1:1-27	
45. VaEthChanan	And I besought	Deut. 3:23-7:11	Isa. 40:1-26	
46. Ekev	Because	Deut. 7:12-11:25	Isa. 49:14-51:3	
47. Re'eh	Behold	Deut. 11:26-16:17	Isa. 54:11-55:5	
48. Shoftim	Judges	Deut. 16:18-21:9	Isa. 51:12-52:12	
49. KiThetze	When you go	Deut. 21:10-25:19	Isa. 54:1-10	
50. KiThavo	When you come	Deut. 26:1-29:8	Isa. 60:1-22	
51. Netzavim	You are standing	Deut. 29:9-30:20	Isa. 61:10-63:9	
52. Va-Yelekh	And he went	Deut. 31:1-30	Hosea 14:2-10, Micah 7:18-20, Joel 3:15	
53. HaAzinu	Give ear	Deut. 32:1-52	II Sam. 22:1-51	
54. VeZoth HaBerakha	The Blessing	Deut. 33:1-34:12	Josh. 1:1-18	

Note: Passages of the Haftorah that are marked with an (*) indicate that these readings are the ones chosen by the Sephardic community. The Sephardim are those Jews whose ancestry is traceable to those of North Africa, Spain, and Portugal. Those Jews of Central and Eastern European descent are called Askenazim, or Askenazi. Please read both Haftorah portions.